

# Need Care Now? Know Where To Go.



## EMG / URGENT CARE

If you need care for anything below Monday to Friday from 8:30am-5pm, please call/text us for same-day or next-day availability: 714-965-2500.

Outside of these hours, visit an urgent care or access 24/7 virtual care through *MemorialCare*.

- Allergies
- Immunizations
- Nausea, upset stomach or diarrhea
- Chronic disease flare-ups
- Cold or flu-like symptoms
  - Sore throat or cough
  - Congestion
  - Fever or chills
  - Headache
  - Fatigue
- Minor muscle aches & pains
- Minor injuries, infections or irritations
  - Small laceration
  - Rash or insect bites
  - Urinary, yeast or ear/eye infection
  - Sprains
- Any non-life-threatening but urgent health need

Scan QR for  
All Urgent Care  
Options →



## EMERGENCY ROOM

If you are experiencing anything below, please go to the Emergency Department at *MemorialCare Orange Coast Medical Center* (or the nearest hospital) or call 9-1-1 if you're unable to get there, then follow up with your doctor.

- Severe shortness of breath
- Symptoms of heart disease (chest pain)
- Warning signs of stroke
  - Numbness in face, arms & legs
  - Sudden confusion
  - Difficulty speaking
- Severe or uncontrolled bleeding
- Automobile or industrial accident
- Poisoning or drug overdose
- Head, neck or spinal injury
- Major injuries, infections or irritations
  - Severe burn
  - Complicated bone break
- Signs of major illness
  - Vomiting blood
  - Loss of consciousness
  - Seizure
- Suicide attempt or suicidal thoughts
- Any life-threatening health need

Still not sure where to go?

Call 877-696-3622 to speak with a  
24hr. Telephone Advice Nurse.