

JOINING THE FIGHT AGAINST BREAST CANCER

from our patients and community.

Keep reading for highlights from 2022 and what's coming in 2023!

On Sunday, October 23, 2022, staff and their families completed a 3-mile walk on at the Making Strides
Against Breast Cancer Orange
County event in Costa Mesa. Our team fundraised all month long and we didn't just meet our goal of \$1,000 but we quadrupled it to \$4,444.40!
The funds raised will support the American Cancer Society's breast cancer lifesaving support services and research.



On August 19, 2022, Dr. Yu embarked on a medical mission trip to Mexico to provide essential care to communities in need. Mission Flight, a nonprofit organization whose goal is to connect people in need with hope, help and healing, organized the trip to the rural cities of San Quintin and Santa Maria in Baja Mexico. Dr. Yu and her son Micah were joined by three more providers, two dentists and 13 other volunteers. The medical team made a monumental impact - the dental team treated 56 patients while the medical team saw 96 patients in less than two clinical days.



#1 MEDICAL GROUP IN ORANGE COUNTY

On October 10, 2022, our practice received the Best Practice to Work For Award from the Medical Group Management Association (MGMA) at the annual leadership conference that was held in Boston, MA. In addition, he Integrated Healthcare Association's (IHA) recognizied us with the Excellence in Healthcare Award and the Triple Aim, performing in the Top 10% in all three categories: Clinical Quality, Patient Experience and Value of Care.

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## **Meet Dr. Nicole Chow**

A Southern California native, Dr. Chow earned her undergraduate degree in Neuroscience and a master's in Biomedical Engineering from University of California, Los Angeles. She then **graduated medical school with honors** while earning a Master of Business Administration Certificate in Health Care Management and Policy from the School of Medicine and Paul Merage School of Business at University of California, Irvine.

She completed Internal Medicine Residency at UCI Medical Center and was named Chief Resident in Quality and Safety in 2021. During her studies, she was a student volunteer and researcher at the Mary S. Easton Center for Alzheimer's Disease Research at UCLA. Her hobbies include taking her dog on hikes with friends at Carbon Canyon Park and volunteering at local non-profits, such as Meals on Wheels and Project Angel Food.

## Nurse Practitioner Team Leads Urgent Care in 2023

Beginning in 2023, our compassionate and experienced team of nurse practitioners will be leading all **same-day urgent appointments**. This change will allow our physicians to spend more quality time with patients in exam rooms, resulting in better quality care for all. If your Primary Care Provider (PCP) is one of our nurse practitioners, please note: you will still be able to schedule annual exams and office visits with these providers.

To learn more about how our nurse practitioner team supports our physicians, <u>click here</u> to read the article *Nurse Practitioners Provide Win-Win Experiences* for *Patients and Physicians* featuring Dr. Betty Yu and Rebecca Lee, F.N.P.



Pictured left to right: Lana Nguyen, FNP, Rebecca Lee, FNP, Victor Vo, AGNP and Jeanie Lam, FNP.



## **Meet Victor Vo, AGNP**

Joining our nurse practitioners Jeanie, Lana and Rebecca, Victor Vo started with us temporarily in early 2022 and has since claimed a permanent spot on the Provider Team. Fluent in English and Vietnamese, Victor is a **Board-Certified Adult Geriatric Nurse Practitioner (AGNP)**.

He received a Bachelor and Master of Science Degree from California State University at Long Beach, graduating Magna Cum Laude. He arrived with 10 years of experience in primary care, specifically supporting **Senior Adult Day Programs**, a non-profit community clinic, and **Orange County Mental Health Services**.